



Participate in the Great East Swim and help support the future of Suffolk sport!

The Great East Swim 2009 will take place at Alton Water, Suffolk on Saturday 26th September 2009. It is a brand new event for Suffolk, and for the East of England, and is part of the country's first ever mass participation open water swimming programme. It will involve the world's best elite swimmers side by side with celebrities, club swimmers and fun swimmers. A highlight programme will be broadcast nationally and internationally. It will be the exciting finale of four awesome open water swimming events across the UK.....and you can be part of it!

The Suffolk SportsAid Foundation is an official charity partner of the Great East Swim and we have a limited number of places available to individuals willing to raise money for the Foundation. The expectation is for each entrant to raise £150 and if you raise £300 you will be entitled to a complimentary ticket to a Sports Foundation Celebrity Dinner

BE PART OF IT!

You will be entitled to:

- Free entry to the Great East Swim
- A SportsAid T-shirt
- Post swim refreshments
- Sponsor forms and fundraising guide
- A massive sense of achievement

- Have you got what it takes to swim 1 mile in open water?
- Do you fancy testing yourself against the very best open water swimmers in the world?
- Would you like to play your part in Suffolk's London 2012 Olympic and Paralympic Games legacy.

Why do we need your help?

The Suffolk SportsAid Foundation is the pathway to greatness for young sports people throughout the county. This is where the dreams start and where our young athletes progress and move to the next level. The Suffolk SportsAid Foundation helps to take them to that next level but we can only do it with your support.

On average a talented athlete will spend nearly £5,000 per year on equipment, training, travelling and all the other essentials that are required for competing at the top level. More often than not their only sponsors are Mum and Dad so every bit of independent recognition and financial help that the young athlete gets at this stage makes a world of difference.

Register your interest today at richard.carr@suffolk.gov.uk and we will provide you with a step by step guide on how you can play your part.

